



U3A WAKATIPU

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THE UNIVERSITY OF THE THIRD AGE

APRIL 2010
NEWSLETTER

You must learn day by day,
year by year to broaden your horizon.
The more things you love,
the more you are interested in,
the more you enjoy,
the more you are indignant about,
the more you have left when anything happens

Ethel Barrymore

Thank you to those who attended Professor Blair Fitzharris' extremely interesting and educational talks on Climate Change. It really did open our minds and provide new knowledge and learning by way of statistical facts of environmental influences, understanding our political involvement and the planet as a whole.

The Senior Citizens Association situated in their new building on Mann Street have kindly offered us their large meeting room for any newly formed Study Groups. A gold coin donation of \$2 per person is required. They have comfy, large chairs, tables and it is warm – an ideal meeting place! Please contact Catherine Robinson for further information.

Alpine Aqualand are holding Aquafit classes for over 60s. They are on Monday and Wednesday afternoons at 1pm. Cost is \$5 per classes plus the pool entry of \$4.50 for senior citizens. No pre-bookings required. These class is extremely beneficial and good fun.

Apologies for the short Newsletter. I am sure we will have a lot to report after our next series of talks!

Please see below for dates of Upcoming Events:

All Lectures will be held at the Queenstown Events Centre, Mezzanine Function Room from 10am until 12pm.

Date:

Monday, 19th April 2010

Ageing Well – Local Community Groups

Helen Stevens, Age Concern

Louise Shepherd, Physiotherapist

Elaine Wells, Presbyterian Support

Helen Reid, Dietician

These four key speakers from our local network will be talking on their expertise within the Wakatipu Community.

Date:

Monday, 26th April 2010

Ageing Well – Immune System

Dr Sarah Young, Dr Sarah Young is a Senior Lecturer in the Pathology Department at the Dunedin School of Medicine, University of Otago. Sarah is an Immunologist who works on immune based therapies against cancer. In particular her research focuses on the use of Virus-like particles as novel cancer vaccines. Sarah has a PhD from the University of Otago and after her doctoral studies worked in the UK for both the Imperial Cancer Research Fund and Cancer Research UK. Sarah returned to New Zealand in 2003 with her research concentrating on developing new and novel vaccines for both infectious disease and cancer.

Date:

Monday, 3rd May 2010

Ageing Well – Latest Redevelopments

John Matheson is an Orthopaedic Surgeon working at Dunedin Hospital, Mercy Hospital and Otago University Medical School. A former Rhodes Scholar, he trained at Oxford University and has been working in Dunedin since 1980. He is a past Chairman of Continuing Education and past President of the NZ Orthopaedic Association and Examiner for the Royal Australasian College of Surgeons. A former Otago Rugby representative, NZ Universities Rugby and Cricket Blue and Board member of the Highlanders Rugby Franchise, Mr Matheson has until recently been active in providing front-line orthopaedic services to the Otago sporting community. His main areas of surgical interest are knee and hand conditions and hip and knee replacement. Mr Matheson has a widespread rural practice in Otago and consults monthly in Queenstown, where he also enjoys spending time at his family vineyard at Lake Hayes.

Date:

Monday, 10th May 2010

Introduction to Study Groups

Catherine Robinson our Programme Co-ordinator will be conducting this talk. Be sure to attend to find out what study groups are and the topics that will be offered with the first round.

If you plan to attend all three lectures you are welcome to pay \$15 on the first day otherwise entrance is \$5 on admission. Please contact Adelle Bond at the U3A office to register.

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